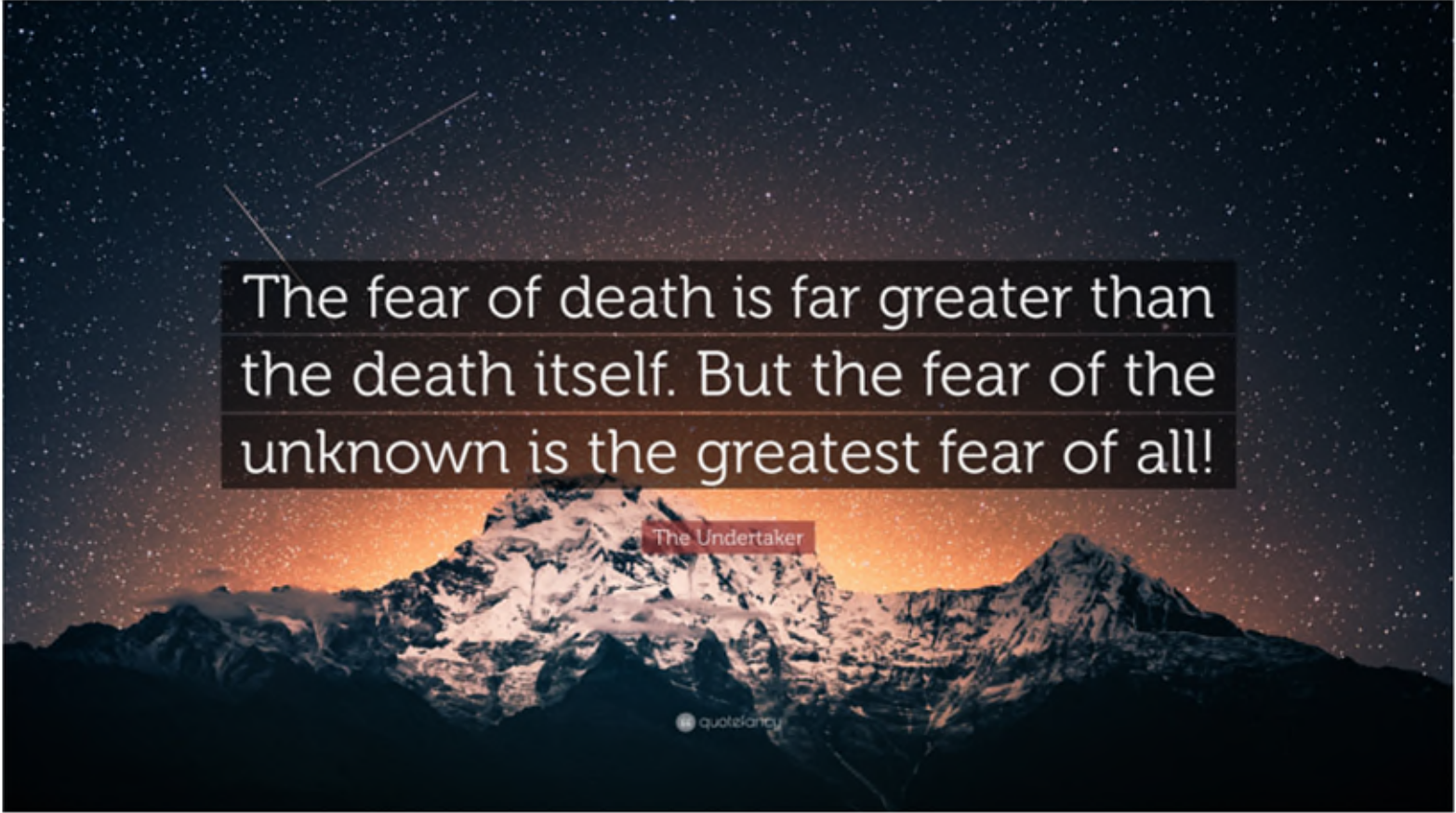


A photograph of three children of diverse backgrounds smiling and hugging each other. The child on the left is a boy with curly brown hair wearing a green shirt with small dark spots. The child in the middle is a girl with dark skin and braided hair wearing a yellow shirt. The child on the right is a girl with light skin and blonde hair wearing an orange shirt. They are all smiling warmly at the camera.

C.A.N.D.Y Café

Creating Awareness and Normalizing Death for Youth



The fear of death is far greater than
the death itself. But the fear of the
unknown is the greatest fear of all!

The Undertaker

quotesfancy

KIDS DON'T THINK ABOUT DEATH?



In one year in Canada:

- over 203,000 of 7.5 million children under 18 will experience the death of someone in their extended family.
- 40,000 will experience the death of a parent or sibling who lives in their home.

The death of a parent or sibling has been found to be one of the most stressful life events that a child or youth can experience.

- <https://www.childrenandyouthgriefnetwork.com/>

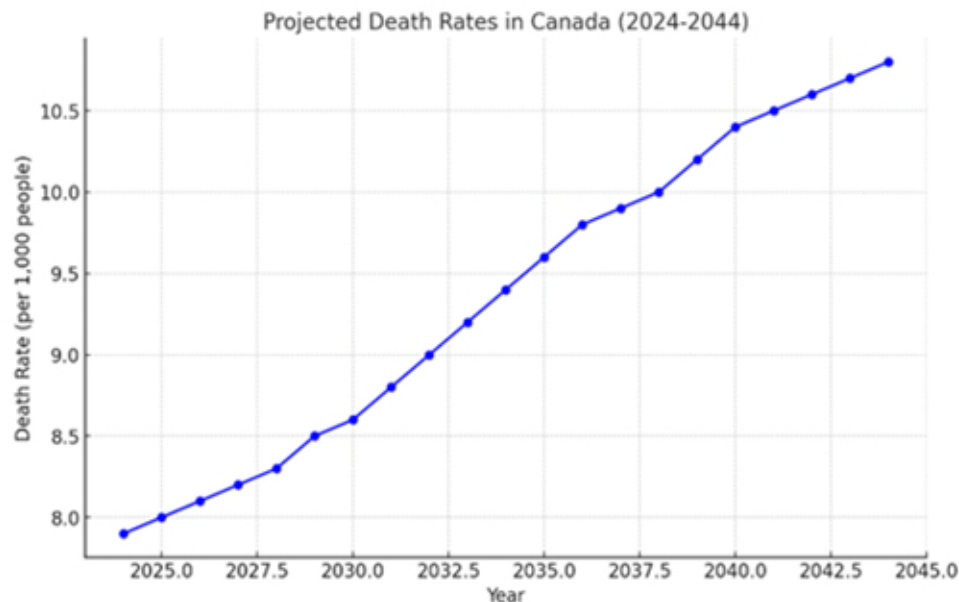
Projected Death Rates in Canada (2024-2044)

65+ years only for this chart.

Approximately 7% Growth Rate.

Now add:

- All ages
- Disease
- Accidents
- Other causes



Statistic Canada- Chat GPT for the building of the graph.



Classmates



Teammates



Cousins



Other young people
who know this child
are thinking about
death.

Neighborhood
Friends



Kids ARE thinking about death...

... they're worrying

... they're imagining

... they're experiencing emotional reactions

... they're guessing

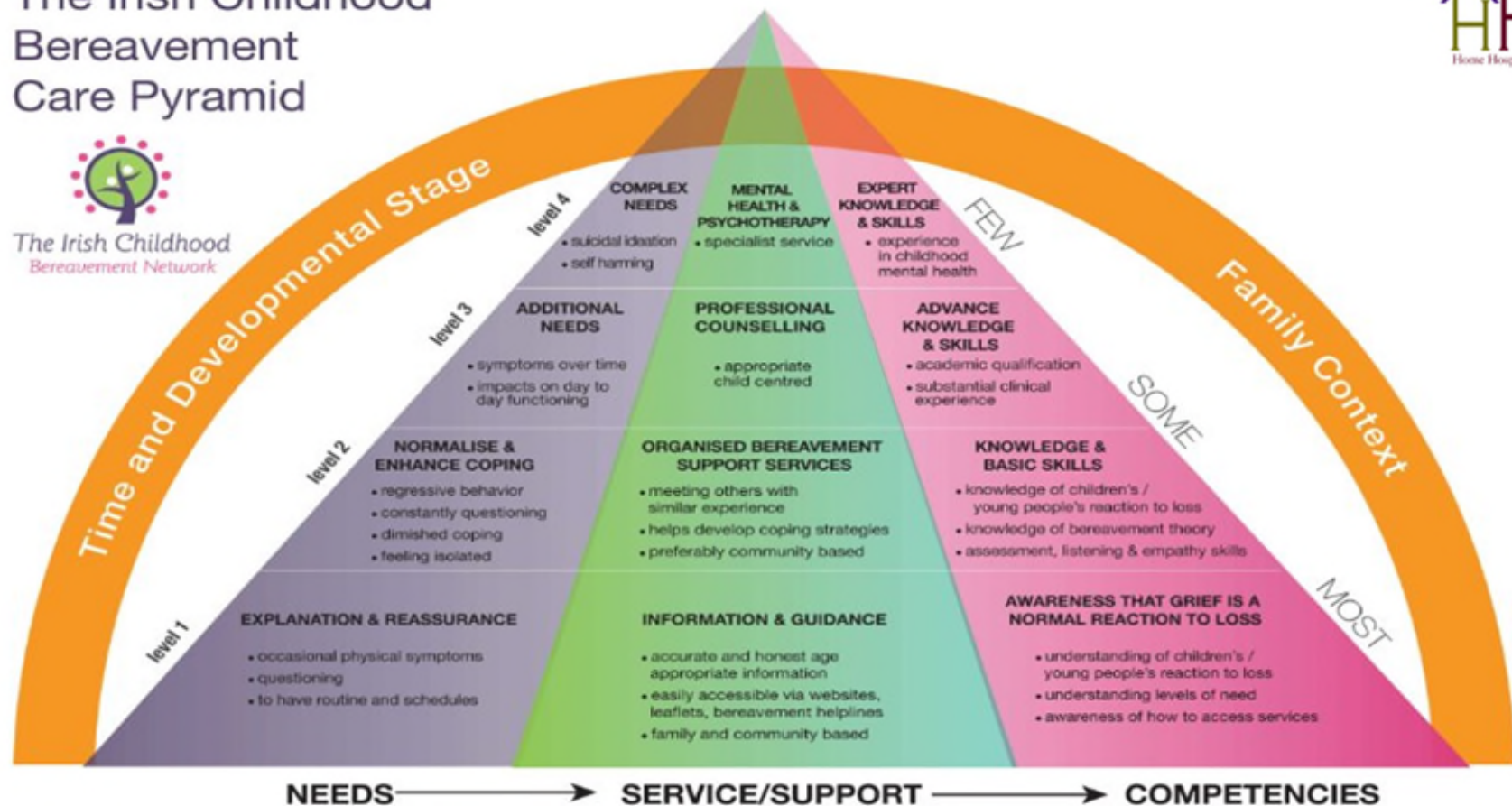
Just because they don't talk about it, doesn't mean
it's not on their mind.



The Irish Childhood Bereavement Care Pyramid



The Irish Childhood
Bereavement Network



Level	Observable Needs	Service/Support	Competencies
2	Normalize and Enhance Coping <ul style="list-style-type: none"> • Regressive behaviour. • Constantly questioning. • Diminished coping. • Feeling isolated. 	Organized Bereavement Support Services <ul style="list-style-type: none"> • Meeting other with similar experience. • Helps develop coping strategies. • Preferably community based. 	Knowledge and Basic Skills <ul style="list-style-type: none"> • Knowledge of children's/ young people's reaction to loss. • Knowledge of bereavement theory. • Assessment, listening, and empathy skills.
1	Explanation & Reassurance <ul style="list-style-type: none"> • Occasional physical symptoms. • Questioning. 	Information and Guidance <ul style="list-style-type: none"> • Accurate and honest age-appropriate information. • Family and community-based. 	Awareness that Grief is a Normal Reaction to Loss <ul style="list-style-type: none"> • Understanding of young people's reaction to loss. • Understanding levels of need.

When surveyed, 79.8% of parents stated they did not feel comfortable talking about dying- and death-related topics (including suicide) with their children.



Anxiety

Caused by...

Not being comfortable in our own relationship with dying and death

Not wanting to become upset (cry) in front of the young person out of embarrassment

Concern about not knowing how to approach the topic correctly, what words to use, what responses are okay to give for the age of the child/teen



Fear

What if...

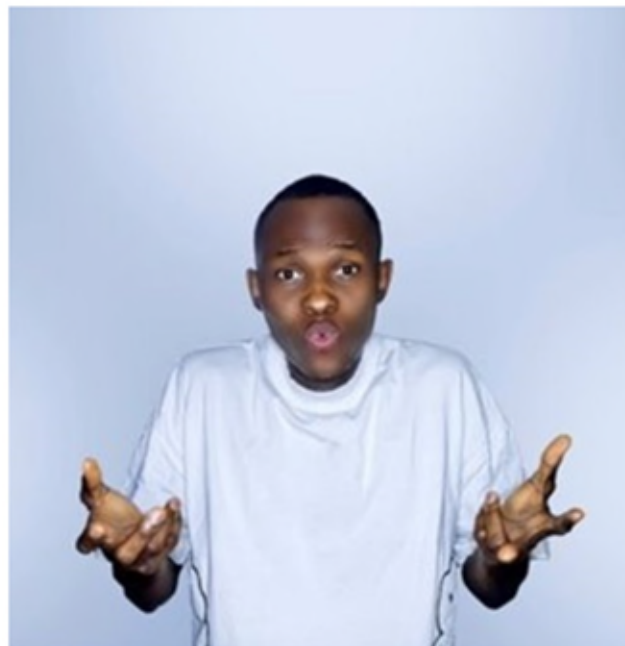
I cause the child to worry about death?

I cause the child to cry?

I cause the child to have nightmares?

I cause the child to talk about death at inappropriate times?

I don't have answers to their questions?





Creating Awareness to Normalize Death for Youth Café'

About 'C.A.N.D.Y. Café'

Educating Adults, Empowering Youth, Facilitating Communication, Normalizing Conversations with 4 core components of the program:

- How to Talk with Kids about Death, Dying and Grief Workshop.
- Parent and Guardians Death Café.
- Certificate Program "Talking with Kids about Death."
- Real Talk: Exploring Dying, Death and Grief with Young People.

How to Talk with Kids about Dying, Death & Grief Workshop

- Free 2.5-hour workshop, available online
- Also available in-person in some areas

Before attending How to Talk with Kids about Dying, Death, and Grief, I was afraid to say to my child that the batteries in a toy had died, because I was afraid of the question 'what does dying mean.'

- *"How to Talk with Kids" Workshop Participant*

Death Café for Parents & Guardians

- Free
- Thoughtful discussions exploring the challenges and emotions tied to their own experiences, especially when young



Parents & Guardians Death Café



Certificate Program: Talking with Kids about Death

- Designed for professionals working with young people.
- Online 6-week certificate program: Provides the tools and techniques needed to navigate these conversations with confidence



CERTIFICATE PROGRAM

TALKING WITH KIDS ABOUT DEATH

Online Training





Real Talk: Exploring Dying, Death & Grief with Young People

- Designed to facilitate open conversations among youth about dying, death, and grief.
- Divided into two age groups - 10-13 years and 14-18 years - to ensure age-appropriate discussions.
- Youth people share their questions and experiences with each other, gaining insights and feeling empowered to navigate their feelings about these challenging topics.
- While facilitators offer initial guidance and support, the conversations are primarily led by the youth themselves.

Virtual How to Talk with Kids About Dying, Death & Grief

2.5 Hour Free Workshop

Time & Location

Mar 06, 2025, 7:00 p.m. – 9:00 p.m. EST (4:00-5:30 PST)

Register at: homehospiceassociation.com

Please note times on the website are Eastern Standard time.

HOW TO
TALK
WITH KIDS
ABOUT DEATH



Community Goal

- **Run the Workshop and Death Cafe:**
Throughout the school year.



**Parents & Guardians
Death Café**

